

# Course: Asthma Inhaler Lesson

## Purpose

To teach lay responders the skills and knowledge necessary to recognize and provide care to a person experiencing an asthma attack until advanced medical personnel arrives and takes over. This module includes the demonstration of a bronchodilator.

## Prerequisites

None

## Learning Objectives

- Identify the signals of asthma.
- Describe the care given to a person experiencing an asthma attack.
- Describe how to report the event of an asthma attack and your care to emergency medical services (EMS) personnel.
- Demonstrate the use of an inhaler.

## Length

Approximately 35-45 minutes

## Instructor

A currently authorized American Red Cross Lay Responder First Aid and CPR/AED, Emergency Response, Lifeguarding or CPR for the Professional Rescuer program who has met state qualifications, where required.

## Certification Requirements

- Attend and participate in all session activities.
- Demonstrate competency in all required skills listed on the skills checklist.
- Participate in all skills sessions.

## Certificate Issued and Validity Period

Asthma Inhaler Training: None

## **Participant Products/Materials**

*First Aid/CPR/AED for the Workplace Participant's Workbook (StayWell Stock No. 656694)*

*First Aid/CPR/AED for Schools and the Community Participant's Manual (StayWell Stock No. 652145)*

*First Aid Skills Card (StayWell Stock No. 656692)*

*American Red Cross Universal Certificate*