

# Course: AED—Adult

## Purpose

To teach lay responders the skills and knowledge needed to provide care for victims of sudden cardiac arrest through the safe use of an automated external defibrillator (AED).

## Prerequisites

Current American Red Cross CPR—Adult certificate or equivalent that has been issued within 1 year of the course completion.

## Learning Objectives

- Identify the links in the Cardiac Chain of Survival.
- Explain what defibrillation is and how it works.
- Explain the role of cardiopulmonary resuscitation (CPR) in cardiac arrest.
- Identify the general steps for the use of an AED.
- Identify precautions when using an AED.
- Demonstrate how to use an AED.

## Length

Approximately 1 hour and 20 minutes

## Instructor

A currently authorized American Red Cross Lay Responder First Aid and CPR/AED, Emergency Response, Lifeguarding or CPR/AED for the Professional Rescuer program who has met state qualifications, where required.

## Certification Requirements

- Attend and participate in all course sessions.
- Demonstrate competency in all required skills listed on the skills checklist.
- Participate in all skills sessions.
- Pass the written exam with a score of 80 percent or better.

## **Certificate Issued and Validity Period**

AED—Adult: 1 year

## **Participant Products/Materials**

*First Aid/CPR/AED for the Workplace Participant's Workbook (StayWell Stock No. 656694)*

*First Aid/CPR/AED for Schools and the Community Participant's Manual (StayWell Stock No. 652145)*

*Adult CPR/AED Skills Card (StayWell Stock No. 656691)*

*American Red Cross Universal Certificate*